

Murray Haven Murmurs

Murray Haven Homes Ltd June & July 2023 Newsletter



Hello all, here at Murray Haven we have had a wow of a time over the past few months. We have enjoyed spectacular musical afternoons with the Kerang Singing Group, The Gay Chalmers and The Taylor band with a guest appearance from local country great Neville Hird all performing live here in our living room. There is nothing like listening to your old favourite tunes and it never fails to astound me how music can transport you back to times gone.



Now, they say you can't teach an old dog new tricks! But here at Murray Haven we tend to disagree. Paddy Hare has decided he would like to learn the guitar. Paul McNeish has taken it upon himself to assist Paddy in his quest to become a budding musician and we look forward to his stage debut when the Kerang Singing Group come back to entertain us again.



What a treat to have Val and Colin whipping up a delicious afternoon tea of pin wheels for everyone. As they cut, sliced, rolled and baked, Murray Haven smelt like one of the finest bakeries in the world and let me tell you everyone enjoyed their tasty treats (including the staff).



Bingo has had a resurgence over the past few months and we cannot keep up with the demand. We keep adding tables and more and more residents keep coming. It goes to prove that what's old can easily become new again. A huge thank you to Tania Keenan, our finance officer who, as well as being great with figures has a keen eye for craft and each week donates some of her crocheted creations which are hugely popular with the residents.



It has been lovely to get outside in some of this winter sunshine. The garden club are certainly livening up the court yard with the recent blooms of Daffodils, English Daisies, Stocks and Daphne. Also plenty of green herbs for the kitchen to add their delectable dishes.

The residents have missed Ivan (our now retired bus). But never fear our awesome local community is here! A huge thank you to the CluBarham club who have offered to pick us up when needed. Recently, 15 residents enjoyed a delicious afternoon tea at the club and the staff were only too happy to offer us assistance in traveling to and from. It was a welcomed trip out, enjoyed by all and we are very grateful.



Dementia Australia Support services:

Access to valuable information and support can help you understand a diagnosis, cope with changes in behaviour, manage living with dementia, and plan for the future.

Dementia Australia provides support so that you, or someone affected by dementia, can be empowered to have the best possible quality of life.

- call the National Dementia Helpline on [1800 100 500](tel:1800100500) or
- Use the online [service enquiry/referral request form](https://dementia.org.au/support/services-enquiry/service-provider) – dementia.org.au/support/services-enquiry/service-provider

The National Dementia Helpline is a free telephone service available to anyone seeking information, advice and support about dementia.



Our weekly book club has enjoyed several books over the last few months. We enjoyed “Bes: The best of both worlds” about a local Balranald boy and written by local Claire Gibson. “All on 5 bob a day” by Charlie Fricker (Tania Keenan’s grandpa) and we are currently revisiting with an old favourite “We of the Never Never” by Aeneas Gunn.

We have added a new string to our bow! A games afternoon where the residents have been enjoying Rummo, scrabble, snakes and ladders, chess, draughts and euchre. Boy oh boy, the lifestyle ladies are finding it hard to learn all these new games!

Several mornings a week, Jo and a few residents have been enjoying a drive around our local communities. It is absolutely amazing what a wealth of information the residents have about our tiny town Barham - from the days when the streets were dirt, there was a Coffee Pot Train in Koondrook, Nixons was the store to shop, Barham had a honey shop, there was a swimming pool and croquet courts in the park and most of the housing estates and recreational grounds were farms and bush. It is jaw dropping the information they have locked into their minds.

Recently we thoroughly enjoyed a visit from Pattie McDonald and her litter of Dachshunds. Nothing brings a smile to our faces more than babies; these bundles of joy were a delight as you can tell by the happiness on the residents faces. A little birdy whispered that a staff member has decided to give one of these cuties a forever home.

And last but not least, we celebrated Age Care Employees Day, with cappuccinos, MHH Biscuits, and Balloons. This is the day when residents, their families and our community say 'Thank You, for caring', this is to each and every awesome employee of MHH, our dedicated and compassionate age care staff. The Staff and residents had a great time taking photos that was made into a slide show, and uploaded to Facebook & YouTube!!



| Resident Services Table of Costs | |
|---|---------|
| Phone Hire - Per month | \$40 |
| Phone Hire - Per week (respite) | \$10 |
| Labeling - Clothing (once off fee) | \$50 |
| Vehicle Usage Fee – per KM | \$.60c |

MHH Bus
 A bus has been ordered and will be fitted with a wheelchair lifter before delivery. At present there is a shortage of all types of vehicles coming into Australia, therefore the bus may be twelve months away from delivery.

Though this may be a little restrictive, we still have options, ensuring our residents can still go on outings or have available a wheelchair vehicle for transportation.

Clubarham are always willing to pick up and safely deliver back to MHH our residents for outings at **Clubarham**, there support is very much appreciated.

FYI – Bus Stop Kerang, has a five person & one wheelchair caddy vehicle to hire - \$50 per day + km, and a nine person & wheelchair bus hire - \$80 per day + km (this price is within the Gannawarra Shire) Licensed drivers 25 – 80 years.